



Golden Age Activity Centre  
212 Raglan St. South, Renfrew – 613-431-8289

# OPEN HOUSE

**AT THE GOLDEN AGE ACTIVITY CENTRE**

**& RENFREW and AREA SENIORS' HOME SUPPORT**

**SATURDAY, OCTOBER 1<sup>ST</sup>, 2022 FROM 11:00 AM – 4:00 PM**

The **GOLDEN AGE ACTIVITY CENTRE** is to encourage Seniors to engage in social interaction, participate in activities and events, and to meet new friends.

The Centre offers Fitness Classes, Games, Wellness Clinics, Musical Entertainment, Bingo, Crafts, Carving and Lunches.

**We would like to invite you to check our facilities.**

## **We will have:**

- Displays set up of our various activities
- Membership Opportunity
- Live Music by Rick Leben from 11 AM – 1 PM and Gaston Moreau & Les Deavy 1 PM – 3 PM
- Complimentary Chili & a bun will be served
- Or would you like a free hand scooped ice cream cone
- Door prizes will be drawn at 12 PM, 1 PM, 2 PM, 3 PM & 4 PM
- 50/50 tickets are also available and are drawn the last day of each month

## **SERVICES WITH A FEE**

- Transportation to medical appointments
- Nutritional frozen meals
- Housekeeping/Yard/Snow Removal
- Foot Care Clinic

## **SERVICES WITH NO FEE**

- Friendly Visiting
- Telephone Security Check
- Grocery Delivery
- Intervention & Assistance

**LOOKING FORWARD TO SEEING YOU AT THIS GREAT EVENT**