

MEDIA ADVISORY

3 JUNE 2022

Reminiscing Gardens – An age-friendly event by The Dementia Society of Ottawa and Renfrew County on Sunday, June 12th in Arnprior.

WHEN **Sunday, 12 June 2022**
11:30am

WHERE **Galilee Center**
398 John St N, Arnprior

WHAT

Don't miss out on a fun day to honour a loved one and reminisce. Join The Dementia Society of Ottawa and Renfrew County for a morning of gardening and socializing with family and friends.

A reminiscing garden is a place where people of all ages can enjoy. Get involved in this community project to plant daisies and flowers to enjoy this season and for seasons to come.

On Sunday, June 12 at 11:30 am, join community members, friends and students at the Galilee Centre in this community integrational initiative. Enjoy live music from the Ukulele Ladies and live entertainment from The PUG, with food provided by Lion's Club. This free event is open to all and does not require any registration. So roll up your sleeves and dig in!

This event is a part of our Stronger Together campaign to raise awareness for people living with dementia and their caregivers. The project aims to share ways to delay and prevent some forms of dementia, help our community become dementia-inclusive and offers free workshops, education, support groups and more for people living with dementia and their caregivers. You can access more information on our website: www.dementiahelp.ca. Learn, participate and grow; not just daisies, but your knowledge on Sunday the 12th.

For more information, visit: <https://dementiahelp.ca/activities/reminiscing-garden/>

RE: COVID-19: While most Ontario and regional public health guidelines with respect to COVID-19 have been lifted, The Dementia Society encourages participants in this event

to continue to keep safe, particularly because of our older and often vulnerable clients. We value the safety and decisions of others to wear a mask and to social distance, particularly in closed environments. Thank you for your support.

About The Dementia Society of Ottawa and Renfrew County

In Ottawa and Renfrew County, 24,000 people live with a diagnosis of dementia and in Canada, one in 5 of us cares for someone living with dementia. In the next decade, the number of diagnosed cases is expected to double. The Dementia Society is the Ontario Health-funded not-for-profit agency charged with supporting and providing services in our region for people affected by dementia. For over 40 years, The Dementia Society has provided free support, social, recreational and educational programs to reduce isolation and meaningfully engage people living with dementia and their caregivers and families so that here, no one faces dementia alone.

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